

Recipe for food for a day in the USA

(Crude oil equivalent of fossil energy invested in the US food system per person daily)

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|------------|------|------------|
| Farming | 2¼ c | crude oil* |
| Processing | 3¼ c | crude oil* |
| Packaging | 1 c | crude oil* |
| Hauling | ⅔ c | crude oil* |
| Selling | 2½ c | crude oil* |
| Eating Out | 2 c | crude oil* |
| Eating In | 4⅔ c | crude oil* |

*Substitute ⅔ lb coal or 8 cubic feet natural gas per cup of crude oil

Total energy: 35,000 Calories or 1 gallon of crude oil

Quantities calculated by Michael Bomford, Kentucky State

University, using data from "Energy Use in the US Food System" by Patrick Canning et al.

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Available at

<http://www.ers.usda.gov/publications/err94/>.